



# **Samartha Trust** **ANNUAL** **REPORT** *2021* *TO* *2022*

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## **ADDRESS:**

13/14, Land Mark, Skyline City Apts, 80ft, Nagarbhavi Main Rd 2nd Block, 1st stage Maruthi Nagar, Chandra Layout, Bangalore - 560072

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[www.samarthatrust.org](http://www.samarthatrust.org)

## About us:

Samartha Trust a non-profit organization was started in April 2021 in Bangalore. The organization is dedicated to fostering an inclusive and equitable society for children facing challenging conditions. With a deep commitment to empowering these children, Samartha Trust endeavours to provide them with the necessary support, resources, and opportunities to thrive. Through our various initiatives and programs, the organization aims to create a nurturing environment where every child, regardless of their circumstances can realize their full potential and lead a fulfilling life. The organization's primary focus is on disabled and vulnerable children from marginalized communities. They rescue and enrol these children in school, providing residential care to those facing hardships. Additionally, the organization operates community learning centres in Bangalore's slums, running sensitization programs to promote awareness and social inclusion for these children. This effort aims to give them and their communities a fair and equal opportunity for growth and development, like any other.

## Our Objectives:

The objectives of Samartha Trust are to:

1. Foster an inclusive and equitable society for children facing challenging conditions.
2. Empower disabled and vulnerable children with the necessary support, resources, and opportunities to thrive in marginalized communities.
3. Create a nurturing environment where every child can realize their full potential and lead a fulfilling life.
4. Support children and communities with a fair and equal opportunity for growth and development by bringing them out of the poverty line.

## Our Vision:

To give underprivileged children as well as people with disabilities an opportunity to realize their potential, enjoy freedom from discrimination, and live with dignity.

## Our Mission:

To Empower People undergoing difficult Circumstances with appropriate skills, knowledge, Values, and support.

## IDENTIFY THE CHILDREN

With the support of SSA and volunteers (MSW students), we have identified 45 children in need of educational support. Due to family conflicts, financial difficulties, and health issues with caretakers, four children have been sent to hostels. The education department and Samartha Trust conducted door-to-door surveys to update the list of children in need. Volunteers (MSW students) are actively participating in these surveys as part of their internship program. Once teachers are appointed, they will also join the survey efforts. By the end of May, we aim to complete the identification of 60 children.



In Anjanappa Garden (Chalavadi Playa ward), our two teachers and four volunteers conducted a survey over two months in 13 slums. The survey focused on identifying children in need of educational support.

During the survey, the Samartha Trust team visited 7 places covering 212 vulnerable houses and identified 45 children who had never been to school and dropped out. The survey helped us to identify needy students and it helped us to enrol them into local schools in the locality. We are happy to share that 45 students were successfully admitted to school and they are continuing their education.

Slum Name	No of houses visited	No of Anganwadi Visited	No of school visited	No of CP and HI children Enrolled
Anjanappa garden	40	1	1	05
Anjanappa layout	29	1	1	05
Dore swamy nagar	35	1	0	02
Flower garden	52	1	1	12
Bangi colony	30	1	1	08
Bakshi garden	34	1	1	06
Giripuram	28	1	1	07
<b>Total</b>	<b>212</b>	<b>7</b>	<b>6</b>	<b>45</b>



## AREA PROFILE

Chalavadi Palya, a Census Town in the Bangalore district of Karnataka, is located approximately 2 km from the Bangalore city bus stand and railway station. Over the years, it has become one of the many urban pockets surrounding cities in the state that have been absorbed by urban sprawl.

Chalavadi Palya comprises six slums: Anjanappa Gurden, Bakshi Gurden, Dore Swamy Nagar, Bankhi Coloney, Anjanappa Layout, Giripuram, and Old Pension Mohalla. According to the Census India 2011 report, the total population of Chalavadi Palya is 25,319, with 13,181 males and 12,138 females.

## CHILDREN ASSESSMENT

During the period from October 5, 2021, to March 31, 2020, a nonformal assessment was conducted involving 45 students. This assessment likely aimed to evaluate the student's progress, understanding, or skills in an informal setting, outside the traditional classroom environment. Despite the duration of the assessment and the number of students involved, there were no absences recorded, indicating a high level of participation and engagement among the students. This assessment helped us in a positive learning environment and strong motivation among the students to participate in the assessment activities.

# ASSESSMENTS

Class	Age Group	No. of Children		Total
		Boys	Girls	
Bridge class	2 to 10	14	6	20
1	6 to 8	2	1	03
2	8 to 10	1	4	05
3	9 to 11	1	3	04
4	10 to 12	1	1	02
5	10 to 13	1	2	03
6	12 to 16	1	1	02
8	14 to 16	3	2	05
9	15	0	1	01
		24	21	45

Assessment training for parents was conducted at Government Higher Primary School, Anjanappa Garden, Bangalore. The session, facilitated by Ms. Ruth Macwana, saw the participation of 10 parents. Several important topics were covered during the training:

- **The Importance of Open Activity in the Classroom:** Parents were educated on the significance of open activities in fostering a conducive learning environment for children with disabilities.
- **Role-Play in Teaching Socialization:** The session emphasized the role of role-play in teaching social skills to children with disabilities, highlighting its effectiveness in enhancing their socialization abilities.
- **Teaching Safety Measures for Intellectual Disability:** Parents were guided on how to teach safety measures, such as road safety, to children with intellectual disabilities, ensuring their well-being and security in various situations.
- **Using Expressive and Receptive Language:** The training provided insights into using expressive and receptive language techniques effectively to communicate with children having intellectual disabilities, facilitating better understanding and interaction.
- **Preparing a Food Chart (Communication Book) for Intellectual Disability:** Parents were taught how to prepare a food chart, also known as a communication book, tailored to the needs of children with intellectual disabilities. This tool helps in organizing meals, tracking dietary requirements, and ensuring a healthy eating routine for these children.





# PARENTS MEETING

A monthly parents' meeting was held at Anjanappa Gurden, focusing on various important topics and initiatives. The key discussions and outcomes of the meeting were as follows:

- 1. Referral of Children to NIMHANS:** Parents were briefed about the process and importance of referring children to the National Institute of Mental Health and Neurosciences (NIMHANS) for specialized care and treatment. This initiative aimed to ensure that children with specific needs receive the appropriate medical attention and support.
- 2. Aids and Appliances:** The meeting addressed the availability and utilization of aids and appliances for children with disabilities. Parents were informed about the types of aids and appliances that could benefit their children and how to access them for improved daily living and mobility.
- 3. Vocational Training:** The importance of vocational training for children with disabilities was highlighted. Parents were encouraged to explore vocational training opportunities that could enhance their children's skills and prepare them for future employment or independent living.
- 4. Celebration of Republic Day:** The meeting discussed plans for the celebration of Republic Day at the school. Parents were invited to participate and contribute to the event, fostering a sense of community and patriotism among the students and parents.
- 5. Students' Exposure Visit:** The meeting included information about an upcoming exposure visit for students. Parents were briefed about the purpose of the visit, which aimed to provide students with hands-on learning experiences outside the classroom, broadening their horizons and enhancing their overall development.



# DAY CARE CENTER FOR DISABLED CHILDREN

The center starts from 9.30 to 3.30 in this center we give physiotherapy support, Motor skill training, Daily living skill training, and Basic education. Teachers teach basic education to 35 children.

- 1. Physiotherapy Support:** Physiotherapy can help children improve their physical abilities, such as strength, balance, and coordination. The outcome of Samartha Trust physiotherapy helped the child's specific needs and abilities. Few children experience improved mobility and independence in daily activities, while others may see more subtle improvements. Regular assessments helped us to track progress and adjust the therapy plan as needed.
- 2. Motor Skill Training:** Motor skills are essential for everyday tasks like dressing, eating, and playing. Motor skill training can help children improve their ability to perform these tasks independently. The outcome of motor skill training is increased coordination, better control over movements, and improved confidence in completing tasks.
- 3. Daily Living Skill Training:** Daily living skills include activities like grooming, hygiene, and household chores. Training in these skills can help children become more independent and better able to take care of themselves. The outcome of daily living skill training is increased independence, improved self-esteem, and a better quality of life.
- 4. Basic Education:** Teaching basic education, such as writing the alphabet and numbers, can help children develop important cognitive skills. The outcome of basic education improved literacy and numeracy skills, which are essential for future academic and life success.
- 5. Individual Education Plans (IEPs):** IEPs are tailored plans that outline the specific goals and support strategies for each child. By individualizing education plans, you can better meet the unique needs of each child and help them reach their full potential. The outcome of IEPs improved academic performance, increased engagement in learning, and a sense of accomplishment for both children and teachers.



# HAND AND EYE CO-ORDINATION TRAINING

During the annual year quarterly session conducted for 35 disabled children, the focus was on enhancing their hand-eye coordination through various activities. These activities were designed to be engaging and enjoyable while also providing opportunities for the children to practice and improve this skill.



The session included activities such as:

1. **Grasping and Manipulating Objects:** 35 Children were given objects of different shapes, sizes, and textures to grasp and manipulate. This helped improve their ability to coordinate their hand movements with what they saw.
2. **Eating Activities:** We also taught children eating activities, such as using utensils to pick up food or pouring liquid from one container to another, can help improve hand-eye coordination in a practical and functional way.
3. **Playing on a Tablet:** We also conducted Interactive games and activities on a tablet that helped them to improve hand-eye coordination, as children have to use their hands to interact with the screen based on what they see.
4. **Messy Play:** We also conducted activities involving sensory materials like sand, water, or clay can also help improve hand-eye coordination as children explore and manipulate these materials.

Overall, the goal of the session would have been to provide the children with fun and stimulating experiences that not only improve their hand-eye coordination but also boost their confidence and independence in performing everyday tasks.





# SOCIAL SKILLS



- 1. Ms. Deepika teaches how to pray and greetings to elders:** Ms. Deepika conducts sessions to teach children how to pray and greet elders. This includes teaching them prayers, such as common prayers or prayers specific to their culture or religion. Additionally, she teaches them respectful ways to greet elders, such as saying "Namaste," "Good morning/afternoon/evening," or other culturally appropriate greetings.
- 2. Organized sports for disabled children:** Organized sports activities specifically designed for disabled children, ensuring inclusivity and accessibility. During the sports day children engaged in indoor games and outdoor games which helped them to physical health, mental health, and Social Inclusion and Skill Development.
- 3. Center children participated in a cultural program organized by the Bhumi Foundation at Jayanagar:** 35 Children from the center participated in a cultural program organized by the Bhumi Foundation, showcasing their talents and cultural heritage. Children's talents are recognized and appreciated, boosting their morale and motivation.

# PHYSIOTHERAPY SUPPORT

During the annual year team conducted Physiotherapy support, on how to use physical techniques to help improve mobility, function, and quality of life for individuals with physical impairments or disabilities. In this scenario, Ms. Deepika and Ms. Gopamma are physiotherapists providing support to Dhanya Sarathi and Shankar, respectively.

- Ms. Deepika gave shoulder exercises to Dhanya Sarathi: Ms. Deepika prescribed specific exercises targeting Dhanya Sarathi's shoulder to improve its strength, mobility, and flexibility. The goal is to help Dhanya Sarathi regain full or improved function of her shoulder.
- Ms. Gopamma gave strengthening exercises to Shankar: Similarly, Ms. Gopamma prescribed strengthening exercises to Shankar. These exercises are designed to help Shankar strengthen specific muscles or muscle groups, which may be weak due to injury, surgery, or a medical condition.

Overall, physiotherapy support involves personalized care and treatment plans designed to address individual needs and improve physical function.





# INAUGURATION OF THE CENTER



In February 2020, we inaugurated our center in the presence of local leaders and other stakeholders in the community. This event served as a platform for sensitizing stakeholders about our project and its goals. It also helped us build a network of support for the long-term sustainability of the project.

During the inauguration, we showcased the facilities and services offered by the center, including physiotherapy support for individuals like Shanka, who may benefit from standing practice to improve their mobility. The event helped raise awareness about the importance of physiotherapy and other support services in the community, garnering support from local leaders and stakeholders.



# CELEBRATIONS AND EVENTS

Name of the Event: Independence Day

No. of Participants: 53

The Independence Day event held at the Government Kannada and Tamil Higher Primary School in Anjanappa Garden, Bangalore, on August 15, 2020, was a significant occasion celebrating India's independence from British rule. The event aimed to instill a sense of patriotism and pride in the participants, which included both teachers and children.



The outcome of the event was likely a sense of unity, pride, and patriotism among the participants. It would have served as a reminder of the sacrifices made by freedom fighters and the importance of upholding the values of freedom, democracy, and equality. Overall, the Independence Day event would have been a memorable and inspiring occasion for all involved.



Date: October 2, 2021

Event: Gandhi Jayanti Celebration

On October 2nd, 2020, a one-day event was held at the Government Kannada and Tamil School in Anjanappa Garden, Mysore Road, Bangalore, to commemorate Gandhi Jayanti. The event aimed to honor the birth anniversary of Mahatma Gandhi, a pivotal figure in India's struggle for independence known for his non-violent philosophy.

Additionally, the event featured discussions and activities aimed at raising awareness about plastic pollution and promoting sustainable living practices among the attendees. By emphasizing Gandhi ji's principles of simplicity and environmental consciousness, the event aimed to inspire individuals to take action against plastic pollution and adopt more sustainable lifestyles.

On October 2nd, 2021, United Way India organized a PLOG RUN at Kempambudhi Kere, Chamarajpet, to raise awareness about plastic pollution and promote environmental conservation. The event brought together teachers and children to take a stand against plastic pollution and work towards cleaner surroundings for a healthier living environment.



Participants engaged in a cleaning drive, removing plastic waste from the area to make a visible impact on the environment. This activity not only helped in cleaning up the surroundings but also served as a practical demonstration of the importance of waste management and responsible disposal of plastic.



**Activities Conducted:** Samartha and the UW team

**Outcome:** Wheelchair Distribution Event

**Date:** 16th September and 23rd October - 2020

**Place:** Govt Kannada and Tamil School, Anjanappa Garden, Mysore Road, Bangalore, and Jayangara

**Significance of the Event:** The distribution of wheelchairs aimed to provide not just mobility but also improve the physical health and quality of life for users. Wheelchairs help in reducing common problems such as pressure sores, and progression of deformities, and improving respiration and digestion.

## NUTRITION SUPPORT

S.NO	DAY	FOOD	With support of Parents and Gadgill
1	Monday	Rice- sambar - kallugalu	Milk and fruits
2	Tuesday	Tamota bath	Molakekalu
3	Wednesday	Bisibele bath	Milk and Egg
4	Thursday	Pulav	Vegetables
5	Friday	Rice - sambar	Molakekalu
6	Saturday	Fruits and snacks	Milk and malt



During the annual year, Samartha Trust, dedicated to humanitarian causes, initiated a food kit distribution program to support vulnerable communities facing food insecurity. The pandemic has exacerbated existing socio-economic disparities, making access to basic necessities like food a pressing issue for many.



#### Asha worker training

Samartha Trust, recognizing the pivotal role of Accredited Social Health Activists (ASHAs) in community healthcare, recently conducted a comprehensive training program aimed at equipping ASHA workers with the necessary skills and knowledge to effectively address the needs of persons with disabilities (PWDs) within their communities. The training sessions covered various aspects including disability awareness, communication strategies, accessibility measures, and referral pathways to specialized services. By empowering ASHA workers with this specialized training, Samartha Trust aims to enhance inclusivity and ensure that PWDs receive the support and care they require for improved health outcomes and social inclusion.

Samartha Trust, in collaboration with local disability organizations, has initiated a comprehensive home management training program tailored for parents of children with disabilities. The program aims to equip parents with the necessary skills, knowledge, and resources to effectively manage the unique challenges associated with caring for a disabled child within the home environment. Through interactive workshops, practical demonstrations, and personalized guidance, parents learn essential caregiving techniques, adaptive parenting strategies, and home modifications to enhance accessibility and safety. By empowering parents with these invaluable skills, Samartha Trust seeks to foster a supportive and nurturing home environment conducive to the holistic development and well-being of disabled children.



#### Aids and Appliances Distribution

In the month of December, we are distributed Aids and Appliance Our teacher gives mobility training to Manoj



# FINANCIAL STATEMENT

Samartha Trust						
# 9, 6th Cross, B.K. Nagar Yeshwanthpur Bengalor 560022						
Income and Expenditure Account For The Year Ended 31st March 2022						
Expenditure	Sch	AS on March 31 2022 ₹	AS on March 31 2021 ₹	Income	Sch	AS on March 31 2021 ₹
To Administrative Expenses	3	1,24,233	10,350	By General contribution received		14,08,180
" Child Related Cost	4	970	15,925	" Bank Interest		2,234
" Food Expenses		1,31,333	798			
" Travel Expenses(Children/Staff)		11,437	13,980			
" Honorarium To Teachers		-	35,000			
" Bank Charges		75	549			
"Rehabilitation	5	3,15,881	16,150			
"Salary to fund raiser		6,93,937	45,050			
" Other Expenses	6	19,072	5,000			
Excess of Income over Expenditure		1,13,476	19,910			
<b>Total</b>		<b>14,10,414</b>	<b>1,62,711</b>	<b>Total</b>		<b>14,10,414</b>
						<b>1,62,711</b>

For Samartha Trust

For P.K.Subramaniam & Co,  
Chartered Accountants

*V.S. Gouda*

CA Veerabasa Gouda S  
Partner

M.No. 208698/FRM No. 0041355

UDIN: 22208698ASyBEB7792

Place: Bengaluru

Date: 31/08/2022



*Gopamma C S*  
Managing Trustee  
Gopamma C S

# PARTNERSHIPS AND COLLABORATIONS

Samartha Trust's partnerships with various organizations, government agencies, and community groups play a crucial role in enhancing its work and achieving its goals:

- 1. Education Department:** Partnering with the Education Department provided access to resources, expertise, and support to enhance the educational programs for children. This partnership helped in mainstreaming children with disabilities into the formal education system.
- 2. Broadridge Financial Solutions:** This partnership helped in financial support, volunteers, and expertise in areas like corporate social responsibility (CSR), which helped in expanding the reach and impact of the trust's programs.
- 3. Vijayanagar Education Academy:** Partnering with Vijayanagar Education Academy provided access to educational resources, training programs, and networking opportunities.
- 4. Police Department:** Helped in the safety and security of the children, in our care and protection in homes, and also by creating awareness about child rights and protection within the community.
- 5. Need Base India:** Partnering with Need Base India helped us to a wider network of NGOs and community groups, enabling collaboration on projects, sharing best practices, and maximizing impact in areas of common interest.
- 6. eVidyaloka:** Partnering with eVidyaloka helped us to support online digital classes for government school students in urban Anekal areas with digital classrooms, online teaching, and school development.



# THANK YOU

Dear Supporters and Well-wishers,

None of this would have been possible without the generous support of our donors, partners, and volunteers. Your belief in our mission and your unwavering support have been the driving force behind our success. We are deeply grateful for your continued support and commitment to our cause. As we look ahead, I am filled with hope and optimism for the future. Together, we can continue to make a meaningful difference in the lives of those we serve.

Thank you for your continued support.

## CONTACT US



9740919104



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