



Samartha Trust
we believe in Abilities

Annual Report 2020 - 2021

Rights, Voice Inclusion

From the Secretary



Sardar B
Secretary
Samartha Trust

Dear Friends,

It is my great pleasure to express my heartfelt love and compassion to all the readers and friends of our organisation at the time of publishing the 1st Annual Report 2020-2021. Since the inception of the organisation, the friends of our organisation enjoy the privilege of intervention for the poor and unfortunate disabled children by extending the handful of support and contribution.

As per the 2011 census Karnataka has a disabled population of 9,40,643 out of which 6,61,139 persons live in villages and 2,79,904 in urban areas. The literate differently-abled population is 4,73,844, which constitutes 51.40% of the total differently-abled population. Most of the families with disabled persons live below the poverty line. Lack of facilities and opportunities prevent disabled persons from gaining suitable. Education, Special Training & suitable skilled Employment. Unemployment remains a major challenge and inactiveness results in multiple disabilities and depression among disabled persons.

Our GOAL is to prevent children from being a burden to their families and educate them to be able to support themselves. To pull the children away from social hatred and protect them from neglecting the eyes of their own family. We build confidence and give them some recognition in society. To make them aware of their inherent abilities, skills and talents and help them realise the importance of supporting themselves. To train them in various skills thereby aid them in being self-reliable and support themselves.

I am happy to see my Samarth family where the children are spending their lives with happiness, the service providers are rendering their services with care and compassion, there is a friendly atmosphere and smiling face. All those things could not happen without the total commitment of all the family members of the organisation. My sincere and heartfelt gratitude are always to all our friends, well-wishers and patrons. Samarth Trust is here because of you and prays for your health and happiness.

Sardar B
Secretary
Samartha Trust

Areas of our Intervention



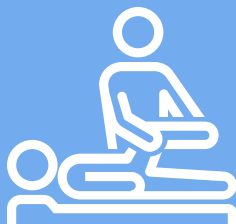
Inclusive Education for Children with Special Needs

To ensure children with disabilities have equal access to Inclusive Education and enjoy the learning.



School Readiness Centre

To provide a safe developmentally Appropriate environment education which promotes each child's socio-emotion, physical and cognitive Development



Rehabilitation

People with disability have access to rehabilitation service which contributes to their overall well-being, inclusion and participation.



Vocational Center

People with Disability again a livelihood and able to earn enough income to live Dignified life and contribute economical to their families and communities.

Organization Overview:

Samartha trust is a non-profit organization it was started in April 2019 at Bangalore. The organization works towards creating an inclusive and equal society for children with Disabilities. The first step in social mainstreaming of such children begins with enrolment in school and in sensitizing the immediate community (that includes home, neighbors and school) around them. Samartha has developed community based sensitizing programs revolving around the issue with an aim to promote sensitivity, awareness and most importantly social inclusion of the vulnerable children. Thus, giving these children like any other their rightful and equal chance towards growth and development.

Our Vision

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To give the Community of people with disabilities an opportunity to realise their potential, enjoy freedom from discrimination and live with dignity.

Our Mission

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To empower communities and children with disabilities with appropriate Skills, Knowledge, Values, and Attitudes to overcome poverty, illiteracy, diseases, and social injustice.

At a glance

Disability in the India

In India out of the 121 Cr population, 2.68 Cr persons are 'disabled' which is 2.21% of the total population. persons in rural areas and 0.81 Cr in urban areas). In the case of total population also, 69% are from rural areas while the remaining 31% resided in urban areas. 2.01% respectively.

Support and advice

We provide information, advice and support to disabled people and their families and we change attitudes in people. Working together with a range of partners, such as employers and product and service providers, as well as the government, we make sure our recommendations are put in place to drive lasting change.

Ensuring disabled children get the best start in life

Every child and teenager should be able to fulfil their potential and have the confidence to succeed as they grow up. 4 in 10 parents said their disabled children rarely or never have the opportunity to play with children who are not disabled.

Objectives:

- To facilitate rehabilitation of people with disabilities through vocational; skill development, etc;
- To work in the direction of solving their adjustment problems within their families and society;
- To assist them in bringing their hidden potential to the surface level by providing vocational and career guidance;
- To extend support for improving quality of life by taking care of their mental health;
- To sensitise common people about the condition of people with disabilities;
- To conduct research and studies to formulate innovative, creative and meaningful development programmes for the special people;
- Improvement of the children with Multiple Disabilities, Autism, Cerebral Palsy, Hearing Impairment, etc's performance in their educational, vocational, psychological and physical sphere during their formative years of development with active participation of normal children, guardians and teachers;
- To devote itself to improving the mental health and looking after their personality development so that they are able to feel independent and mentally strong;
- To give psychological counselling, in person for people with disabilities, guardians, etc. living in various parts of Bangalore

Activities accomplished during the year:

Therapeutic support to the children with disabilities:

We are running one Community Rehabilitation Centre for Persons with Disabilities in the children with disabilities for restoring their abilities.

Input

1. Assessment of children to find out their abilities and needs and set up Goal.
2. Regular therapeutic session in the centre.
3. Activity of daily living management training in centre
4. Trained the mother to continue the therapeutic session in home
5. Follow up on home based rehabilitation programme

Output

1. Physical condition of the children is gradually improving.
2. Mothers can carry out the programme in their home.
3. Children learn ADL skills.

Impact

1. Create bonding between parents/ family with the children.
2. Mothers get relief from their concealed burden.
3. Slowly children become self-dependent.
4. Through the therapeutic support the children with disabilities get the opportunity to improve their physical condition.

Parents Meeting:

To discuss developmental progress and future aspect of the children with disabilities, 2 (two) Parents Meeting were organized where 157 parents attended the same.

Input:

1. Sharing session by the professionals regarding child progress

Output:

1. Parents understand the problems of their child and the progress
2. They take part in discussion vividly

Impact:

1. Parents become aware about their child health condition
2. They were Indeed very happy to see their child's developmental progress. Involved of parents

Bridge Center in Government School towards Inclusion



We are working on scalable models and holistic solutions that in the longer term will both aim to increase the support systems available for abandoned children and also improve the way shelters are managed and run.

To ensure that we get these right, we invested significantly in field research with the support of SSA and Volunteers to test and validate sector assumptions around long term outcomes and to allow us to better prioritize the interventions we deliver.

Key findings

- 36% due to Poverty, with families unable to support their children
- 32 % due to family breakdowns or single parents unable to cope
- 20% due to children being orphaned or abandoned
- 15% children we are lost or missing



Slum Name	No of houses visited	No of Anganwadi Visited	No of school visited	No of CP and HI children Enrolled
Anjanappa garden	38	1	1	02
Anjanappa layout	33	1	1	07
Dore swamy nagar	30	1	0	05
Flower garden	49	1	1	10
Banki colony	35	1	1	02
Bakshi garden	39	1	1	04
Giripuram	32	1	1	03
Total	256	7	6	33

Parents, Family and Community Participation in Inclusive Education

Objectives:

- Family involvement is important throughout the lifecycle of children with disabilities, especially in the early years (UNICEF).
- Involving parents and the community is an important principle of quality, inclusive education, both in and out of the classroom.
- A positive connection between parents and schools influences children's attitudes and achievements in education.
- Families and civil-society organisations can also play an important role in the process of advancing a legal and policy framework for inclusive education.
- Children with disabilities are not the only ones that benefit: there are also advantages for parents, classmates, educators and schools.

Sl. No	No of participants	Resource person	Topics
1	23	Mr.Sardar	Importance of nutrition and child Development
2	20	Mr.Saradar	What is nutrition and demystifying the myths on certain foods? Balance diet Present health status of children suffering from chronic illness due to malnourishment. Action plan
3	35	Mr.Ayub	Definition of physiotherapy, How to assess the child, Types of excises, How to manage Cerebral palsy child at home



Staff Capacity Building

Sl. No	Date	No of participants	Resource person	Topics Covered
1	27/8/2021	5	Ms.Ruth Macawana	Briefed about different types of disabilities and the barriers faced by them. Through various activities
2	18/9/2021	5	Mr.Nagaraj.V	Importance of IEP, Areas of development, how to assess the child and the team involvement.
3	28/9/2021	5	Mr. Virupakshi	Child safeguard and protection policy of the organization. All the teachers and Asst accepted the code of conduct of the organization and signed the copy of the same.
4	10/10/2015	05	Mr.Sardar	Conduct orientation on IEP for teachers and center assistance.
5	26/10/2015	13	Ms.Ruth Macwana	Introduction of Mantel retardation, Formal and informal Assessment for children with mental retardation, Developing IEP, class room management and evaluation
6	18/12/2015	08	Mr.Nagaraju.V	What is resource room, How to use of resource room, Individual education plan time table and record maintenance



People born with a disability are often considered a burden. We want to help them understand they can live a full life.

Sardar B



Aids and appliance

Sl. No	Particulars	Male	Female	Total
1	Wheel chair	08	07	15
2	Getters	02	00	02
3	Special chair	03	01	04
4	Splint	02	00	03
5	Standing frame	01	00	01
6	Roletar	01	00	00
6	Physiotherapy	08	02	10



Celebration and Events

Celebrating special commemorative days, festivals and birthdays are occasions for bonding and fostering community spirit. Samartha Trust make it a point to celebrate important days and use the occasion as a teaching opportunity to tell the children about the significance of the day for us as children and citizens of India. Thus, days like National Youth Day (January 12th) Republic Day (January 26th), Ambedkar Jayanti (14th April), Basava Jayanti (reformer-poet Basaveshwara- May 7th), Independence Day (Aug. 15th), Teacher's Day (Sept. 5th), Gandhi Jayanti and Shastri Jayanti (October 2nd), Children's Day (November 14th), International Disability Day (December 3rd), Kanakadasa Jayanti and New Year etc...

Gandhi Jayanthi:

Samartha Trust celebrated Gandhi Jayanthi on 2nd October 2020 at Govt Kannada and Tamil Higher primary school Anjanappa Garden. Nearly 20 children and their parents participated on this Special occasion. Samartha staff and volunteers participated in this program.

Organised Programs such as:

- Gandhiji's picture Garlanded
- Gandhiji's Life History explained to Students
- Asked questions about Gandhiji (Quiz)
- Mr Sardhar delivered a speech about Gandhiji
- Followed by cultural activities



International Day of People with Disabilities:



With the mission to empower communities and children with disabilities with appropriate Skills, Knowledge, Values, and Attitudes to overcome poverty, illiteracy, diseases, and social injustice, World Disability Day was celebrated with an Awareness, games, cultural activities by the special children of Samartha Trust at Govt Kannada and Tamil Higher primary school Anjanappa garden. Inspired all to join hands with them so that no one is left behind, the special children actively participated in the horse riding, swimming and cultural activities.

COVID-19 RELIEF SERVICE

As the COVID-19 crisis continues to loom over us, The Government of India has taken a strict combat measure by directing a lockdown of the entire nation. At this great hour of need, The Samarth Trust, in close coordination with Need Base India, has stepped in to provide relief by providing food to hundreds of people across the state. By adhering to all safety and hygiene measures, Samarth Trust has begun its relief service by providing a meal or packed grocery kits to the People with Disability, marginalised and low-income segment of the society comprising of daily wage workers, migrant labourers, construction site workers, and needy people and night shelters.



S.No	Teacher	Parents	People with Disability	Total
1	04	50	100	154

Sapling Planting Program:

On the occasion of New Year Samarth Trust organised a Sapling campaign and Awareness programmes on conserving nature and a series of saplings distribution drives at Kodigehalli Lake, Chikkagollarahatti, Magadi road, Bangalore. Nearly 200 saplings were planted at Kodigehalli Lake to protect nature. The sapling plantation was jointly organised by Need Base India and Kodigehalli PDO. The participants also took a pledge to conserve the environment, compensate trees that were felled and to preserve the existing trees and not indulge in any activities that would cause harm to nature.



A Journey to Stare Then Reach - a case study of a special child



Family Background:

This is a story of a little angel from Bankey colony, Bangalore. The mother of the little angel is a homemaker while her father is working as a daily wage labourer he earns around 10,000 per month and less than that. The family has seven children (three daughters and four sons). Dikshita is the youngest daughter. Now, all the children except Dikshita and her elder sister have moved out of the family. The children now live on their own and they do not support their parents. The elder sister of Dikshita works as an office assistant and earns around 8000 rupees per month. It is the father and the elder daughter who look after the family. They live in a slum area in Bankey colony in Bangalore south. The father is an alcoholic and spends quite a good amount of money on it. This even makes it worse for the family and adds to the difficulty.

The situation of Dikshita before intervention by Samarth Trust:

Dikshita is the only differently able child of the family. She has multiple disabilities i.e. problem with spine and complete immobile lower half. The parents were caring but were ill-equipped to handle a 'special child' like Dikshita. Food was placed before Dikshita while she struggled to eat. She would be sitting or sleeping at one place for a long time. The family also never considered her education. As a result, the young girl was never sent to school.

The situation of Dikshita after intervention by Samarth Trust:

The child was identified for immediate support in August 2020. Within a month, Dikshita was provided with a basic wheelchair. She is now able to move around on her own. Her parents and elder sister were counselled on possibilities of a better and dignified life for a special girl like Dikshita. Post this, the elder sister is now determined to help Dikshita. By the end of September 2019, Dikshita was also enrolled in our bridge program in Government Higher Primary Tamil & Kannada School, Magadi road in Bangalore, Karnataka. Her elder sister would now drop Dikshita at school before leaving for work.

You can help kids with disabilities enjoy full lives.



Having a disability shouldn't mean being excluded. Over 1 billion people around the world have some form of disability – many of them children. Whether affected by disease, land mines, or other injuries, children with disabilities often find themselves isolated, lonely, and with little hope.

You can help these kids reach for their God-given potential – equipping them to attend school, play with others, participate in their communities and in decisions that affect them, get specialized resources and care, and feel fully supported.

You'll ease challenges for families and caregivers through compassionate support like:

- Assistive technologies and devices such as hearing aids, glasses, crutches, prosthetic limbs, and wheelchairs
- Equitable access to educational services and activities, including school clubs and programs
- Income-generating opportunities and job- and life-skills training for caregivers
- Support for inclusion training, awareness activities, and stigma reduction at individual and community levels
- Access to essentials like nutritious food, accessible water sources, and appropriate bathrooms and other facilities
- Recognition of basic human dignity and disability rights



Address

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Govt Tamil and Kannada
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